



## **Before The Sedation Visit**

- You can have a light meal and non-alcoholic drinks up to 2 hours before the appointment.
- Do not consume alcoholic drinks for 24 hours before the sedation appointment.
- Tell the dentist if you have been prescribed any new medicines or have visited a Doctor since your last previous visit.
- Take any prescription medicines as normal; the dentist will have already checked that these are compatible with the sedative used.
- Wear FLAT heels shoes as you will be unsteady on your feet for a couple of hours following the Sedation visit.
- You **MUST** bring a responsible adult with you to the sedation visit. They **MUST** remain here during your treatment and **MUST** escort you home, we will not be able to carry out the sedation treatment unless this person is actually present.
- Do not wear any nail varnish or false nails as we need to place a pulse monitor that shines a light through your fingernails during the treatment.

## **After The Sedation Visit**

- DO NOT drive a vehicle for 24 hours.
- DO NOT operate machinery, look after small children or carry out any dangerous tasks that require concentration for 24 hours
- Do not consume alcohol or sleeping tablets for 24 hours following sedation as these may interact with the sedative that is still in your body.
- Ensure you have a responsible adult with you for 24 hours

## **Cancellation charges**

As sedation appointments are long, cancellation charges apply. Any appointment cancelled within 48 hours will incur the full deposit fee.

